

Aqua Serene Beach Resort

...the scene



Ambience...

One of the most thought of tourist destinations in Asia is Kerala, India. Secluded beaches, palm fringed backwaters, misty hill stations, lush tropical forests and exotic wildlife gives Kerala its unique and distinctive charm. Nestled amongst the picturesque landscape of Paravur, Kerala, lies an untouched paradise called Aquserene. This unique backwater getaway lies amidst spectacular landscape, unique foliage and clement climate. The resort is surrounded by breathtaking beauty in the cleanest of environments. This backwater getaway is an enchanting interlude where you can shed your cares and worries with sweeping beaches, tall palms and moss-green rivers. Comprising of cottages nestled around the main building, Aquserene gives you the solitude and serenity you've been looking for.



Accommodation...

The gracious reception lounge gives you a warm welcome as you step into Aquserene. It is a magnificent architectural marvel overlooking the still waters. Private and secluded, the premium and deluxe cottages surrounding the main lounge are a delight with their ancient structure contrasting with modern comforts. Sloping red roof tiles, sun filled porches, picture postcard exteriors, plush air-conditioned and wood rich interiors make these the highlight of Aquserene. The cuisine offered at Aquserene is delicious enough to tempt any palate. A multicuisine air-conditioned restaurant offers a picture postcard view of the enchanting backwaters on three sides, all ayurvedic guests are facilitated with food according to their dosha, always being coordinated with the ayurvedic centre.



Health...

Ayurveda is the traditional Indian system of medicine. Evolved through the ages. Developed through millenniums of research and study. For total holistic health care, the natural way. By returning to Mother Nature, and her bountiful gifts. Aquserene's tribute to Ayurveda is a synergy of the omnipresence of nature. And the legacy of a rich tradition of holistic health care. For the ultimate experience in restorative, rejuvenative and palliative therapies. As you surrender to the magic of fragrant medicinal oils prepared in strict accordance with authentic age old recipes. And to the skill full hands of a masseur, soothing rhythm of a massage...



Possible cure content –

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| <ul style="list-style-type: none"> - 1 initial consultation incl determination of dosha, „Vata, Pitha, Kapha“ - 1 final consultation - 2 x weekly consultation - 2 x daily medication - Food Consultation - Head Massage - Facial Massage - Synchron Massage (whole body) - Intensive Massage | <ul style="list-style-type: none"> - Oil-Herbal-Rice-Massage - Oilstream-Head-Treatment - Detox (Vashti, Colon Irrigation) - Nose-Cleaning - Herbal Inhalation - Herbal Steam - Herbal Bath - Flower Bath - Yoga & Meditation - Special treatments <p>= Approx hours of treatments per day : 2.5 – 4</p> |
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Leisure...

One of the major attractions of Aquserene is its pool within a pool. The swimming pool forms part of, yet is totally separate from a huge natural pond. Natural beauty combined with man-made comforts makes Aquserene a magical interlude. Furthermore houseboat-trips and city-tours to Trivandrum or Cochin can be arranged.

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